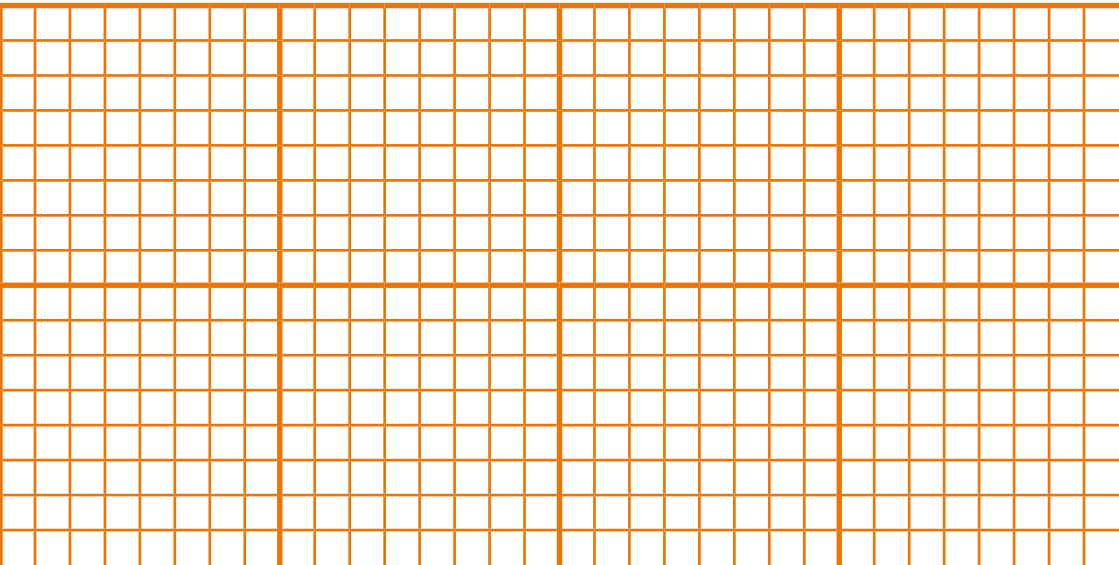

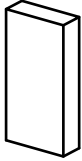
















CHANNA HORWITZ

DISPLACEMENT

IN COLLABORATION WITH Y8
2011 / RAVEN ROW, LONDON, 2016



 35.3 x 35.3 x 70.4	 35.3 x 94 x 188	 35.3 x 11.8 x 94	 35.3 x 47 x 141
 35.3 x 70.4 x 70.4	 35.3 x 35.3 x 94	 35.3 x 35.3 x 35.3	 35.3 x 94 x 94
 Tadasana	 Sirshasa	 Matsyasana	 Pashimotanasana
 Bujangasana	 Ardha Matsyendrasana	 Trikonasana	 Savasana

MATERIAL

Square space in east-west orientation, grid (64 squares 94 x 94 cm, each divided into 8 x 8 smaller squares), 8 black wood blocks (dimensions variable), white trousers + white shirts, 8 asanas, 64 minutes.

DIRECTIONS FOR 8 BLOCKS + 8 POSTURES

4 + 4 participants practice asanas* and reposition the blocks by turning them over twice. Participants change tasks every 4 minutes.

4 x 16 tasks = 64 minutes.

TIME

Friday	01 April	4 pm
Saturday	02 April	12 pm
Friday	08 April	4 pm
Saturday	09 April	12 pm
Friday	22 April	4 pm
Saturday	23 April	12 pm
Friday	29 April	4 pm
Saturday	30 April	12 pm

PLACE

Raven Row, 56 Artillery Lane, London E1 7LS

All levels welcome / Equipment is available / please register in advance / no fee

* Asana = yoga posture

