

## HAMBURG



### Y8 Yoga Studio

Artists Benita and Immanuel Grosser's Y8 is surely one of Europe's most inspiring yoga spaces. The main room, built from inexpensive plywood and painted white, is informed by Vastu Shastra architecture, which is based on the theory of space as a dynamic element from which everything comes into existence – and ultimately disappears. The Mandala grid comprises an astrologically calculated 64 squares

of 94cm by 94cm that translates into 32 stations, upon which mats face east. The studio displays site-specific work by well-known conceptual artists such as Katharina Grosse, Carl Andre, Klaus Frahm, Joseph Kosuth (*Five Words in White Neon*, opposite) and Channa Horwitz (*Displacement*, above). It is run on a voluntary, non-profit basis. *Kleiner Kielort 8, T 4142 4546, www.artyoga.de*